



## ANNUAL REPORT 2001

Dear readers,

You are just leaving through an annual report of a civic association Prevé-Centrum in which we offer you a reflection on the past year 2001. This year was in many aspects very significant for us.

The Prevé-Centrum is a civic association focused on prevention and counselling services for children, youth and families in the area of drug abuse and other social-pathological phenomena. In the year 2001 the civic association worked especially on stabilization and further development of provided services.

Defining and creation of separate programmes and their working teams was another important task. Separation of primary prevention programmes from counselling services seemed to be a necessary step in the development of the whole association and its system of provided services. Therefore the separate programmes - The Primary Prevention Centre and The Counselling Centre for Youth and Families were declared in March 2001. This step respected facts especially efficiency of both these programmes and their personnel and professional provision and also recommendation of expert public.

Owing to moving of the association to a new building in Prague 6 its Administration Board decided to create a new community programme – The Community Activities Centre.

Inauguration of all the three programmes in the new site of the association in Meziškolská Street in Prague 6 in December 2001 was a result of work that took more than one year. Not only the whole Prevé-Centrum team and its external collaborators participated on it but also clerks and politicians of a local administration.

We would like to thank them all for their work, exertion and interest in support and development of the association and its services

Now it is necessary to affirm that we are able to continue in fulfilling the trends and targets we redefined during the year 2001. In order to accomplish these we also need your support and balanced attitude of governmental and local administration representatives.

To be successful we need to complete a functional structure and mechanisms for further growth of our organization. In the first place we should work and cooperate so that our results imply quality of provided services and contentment of public. We will need especially health, patience and detachment.

In the name of the association management  
**Ondřej Počarovský**



### History of the association

The association Preve-Centrum was established in 1997 under the Regional Sanitary Station of Central Bohemia. Realization of a long-term programme of drug abuse and other social pathological phenomena specific prevention at secondary schools was one of the first targets of the association. At the end of 1997 we cooperated with 18 primary schools mainly from Prague 2.

In 1999 the association also started to provide ambulant counselling services. At the end of 1999 the Preve-Centrum finished the cooperation with the Regional Sanitary Station. Our effort to improve quality and develop the services led to some changes in the association internal structure.

During the year 2000 the Preve-Centrum and Fokus Praha made up a project of a community centre Břevnov. This project was presented to a selective commission of The Prague 6 Ward Office in an effort to gain an appropriate building to rent, a building appropriate for existing programmes of both associations and also for development of the new project focused on community work and prevention in community. Our project was chosen in the selection process and we gained a rental of new premises in Meziškolská Street in Prague 6. In the year 2001 we were preparing the new object and at the end of the year we moved into it. Official opening of operation took place on 13<sup>th</sup> December 2001. An important developmental period in the history of the association was closed by this act. At the same time a wide range of new possibilities and targets appeared in front of us.

In the name of The Administration Board  
**Petr Flaks**

### Targets of the association in 2001

- to improve the quality and develop provided services of primary and secondary prevention of drug abuse and other social pathological phenomena
- to build separated working teams with clear focus on primary prevention /The Primary Prevention Centre/, secondary prevention /The Counselling Centre for Youth and Families/ and community work /The Community Activities Centre/
- to vote a board of independent experts
- to continue in running the Preve-Centrum programmes in Prague 2 and other town wards (Prague 1, 6, 7) and also in regions out of Prague (Kolín, Mníšek pod Brdy)
- to hold current offer of services and to focus more on community level in its concrete form – seminars for councillors, parental public, expert public and cooperation with different organizations and institutions etc.
- to start the Preve-Centrum operations in the new premises in Prague 6
- to gain an accreditation of Czech Ministry of Youth and Education in the system of further education of pedagogical workers in the area of primary prevention of drug abuse and social pathological phenomena
- to deepen cooperation with institutions in Prague 6
- to change the logo and subtitle of the association (The Prevention and Counselling Centre for Youth and Families)



### Priorities and specific targets for the year 2001

#### Operation of the programmes and offer of services

- to stabilize and develop the three fundamental programmes of the Prevé-Centrum – The Primary Prevention Centre, The Counselling Centre for Youth and Families, The Community Activities Centre
- to finish a structure and a system of provided services in the framework of the association and organization
- to overhaul conceptions of the particular programmes so they corresponded with current state and trend of the association
- to create an operating handbook of The Primary Prevention Centre
- to overhaul the ways of data collection
- to develop cooperation with organizations and institutions in Prague 6 with an emphasis on community
- to activate web pages [www.kmen.info](http://www.kmen.info) and database of free time activities and organizations of the psycho-social net in the framework of The Community Activities Centre project
- to complete and interpret our long-term educational programme for primary prevention coordinators of Prague 6
- to enable and support professional development of working teams and individuals
- to carry out educational seminars for laic and expert public

#### Presentation of the association, cooperation and research

- to overhaul possibilities and ways of presentation of the Prevé-Centrum particular programmes activities
- to cooperate with the A.N.O. (The Association of Nongovernmental Organizations) especially with its Primary Prevention Section and Intensive Ambulant and After-Care Section in the framework of The Primary Prevention Centre and The Counselling Centre for Youth and Families programmes
- to cooperate with the Phare Twinning project C 3 in the framework of The Primary Prevention Centre activities
- to prepare and execute “Evaluation”, a research project of the Prevé-Centrum primary prevention community programme in Prague 6

#### Technical, administrative and economic provision

- to gain finances necessary for reconstruction of the building in Meziškolská street in Prague 6
- to gain further technical equipment for the particular programmes
- to assign auditing of the association financial reports for the year 2001

#### Cooperation with governmental and nongovernmental sector

Cooperation with the governmental sphere on the local, regional and national level is very valuable for us. It means especially different forms of cooperation with anti-drug coordinators in areas where we carry out our primary prevention programmes. The cooperation is focused on preparation of appropriate strategies of anti-drug local policy, education of pedagogical



## ANNUAL REPORT 2001

workers and parental public etc. Cooperation with The Interministerial Anti-Drug Commission mainly in the area of primary prevention and prompt intervention, Czech Ministry of Education, Sanitary service and The Municipality of Prague is no less important.

Cooperation with the nongovernmental sector or organizations is fundamental for work of the association and its development. No nongovernmental organization can provide its services effectively without good cooperation and transmission of experience. Last year we cooperated significantly with the A.N.O. – The Association of Nongovernmental Organizations that concerns with prevention and treatment of drug abuse in its Harm Reduction Section, Primary Prevention Section and IANP Section. Cooperation with other nongovernmental organizations in the framework of particular projects, seminars and education is also very important. Cooperation on a professional level in context of work with clients is self-evident.

Operation of the association particular programmes is financed mainly from state grants (70%). The other finances are gained from local administration authorities and from the association own activities. Fund raising in profit sector is a challenge for the association management. In this time we are successful in getting presents such as pieces of equipment rather than finances. We got for example computers from firms Dell and Mafra or small financial presents from Café Kaštan. We would like to thank them all for their material and financial support.

Transparent administration of the state grants and efficient dealing with them is a matter of course for our association as well as provision of services under professional supervision and continuous improvement of their quality.

### **Membership in organizations**

The association Prev-Centrum is a member of the A.N.O. The Primary Prevention Centre is a foundation member of the A.N.O. Primary Prevention Section. The Counselling Centre for Youth and Families is a member of the A.N.O. Intensive Ambulant and After-Care Section (the IANP Section). Particular workers of the association are members of other expert societies /Society for addictive diseases ČLS JEP, The A.N.O. Harm Reduction Centre, SOFT/.



## **Particular programmes and activity in 2001**

### **In 2001 the Prev-Centrum was running these main programmes:**

The Primary Prevention Centre, The Counselling Centre for Youth and Families, The Community Activities Centre /from October 2001/

The association workers participate in further activities and services. Cooperation on seminars "About Family Therapy", operation of web counselling service and pages [www.prevcentrum.cz](http://www.prevcentrum.cz), cooperation with The Interministerial Anti-Drug Commission and on different further projects are some of their important activities.

### **People who helped to provide our services and cooperated on our activity in 2001:**

Barvíková Jana, Černý Milan, Čtrnáctá Štěpánka, Dolanská Pavla, Elis Petr, Flaks Petr, Fuksová Magdaléna, Gilanyi Lukáš, Hartmann Ivan, Himmelsbergerová Olga, Chytrý Michal, Kokrda Jiří, Lukáš Jan, Masáková Václava, Odvárková Pavlína, Perglerová Klára, Petrtýlová Milena, Počarovský Ondřej, Rozehnal Vít, Trapková Barbora, Vanclová Blanka, Vinklerová Vendula, Vyhnálková Hana, Zákora Cyril;

### **Lectors providing the primary prevention programmes:**

Petra Altmannová, Tomáš Bárta, Ivana Bártová, Lucie Blažková, Ludmila Borovská, Jana Davidová, Jana Dohnalová, Petra Fránková, Dana Heinová, Eva Hejzmanová, Ivana Hladká, Sylvie Holáňová, Martin Holeček, Blanka Hrudková, Lucie Chládková, Markéta Jakubcová, Lucie Jirková, Drahomíra Karlová, Martin Klajn, Alena Klimtová, Marcela Klykorková, Kateřina Kolumpeková, Lenka Kotěšovská, Gabriela Kremlová, Kateřina Krůtová, Jan Kvasnička, Drahuše Laštovková, David Lein, Gabriela Majerová, Vladimíra Malátová, Michaela Malíková, Gabriela Málková, Irena Matoušková, Martina Němcová, Ludmila Nosková, Soňa Nováková, Blanka Pletichová, Lucie Prokopová, Lukáš Průcha, Eva Pressburgerová, Eva Samcová, Renata Sládečková, Kateřina Sládková, Jana Slámová, Daniela Smutná, Petra Sobotková, Hana Sotáková, Marcela Soukupová, Zdena Stará, Lucie Strolená, Lucie Sušická, Silvie Šilhanová, Barbora Tomíčková, Kristina Toncarová, Milena Učíková, Zuzana Urbanová, Ilona Váchová, Olga Vejlupková, Klára Viktorová, Helena Vlčková, Tereza Vránová, Olga Vyskočilová, Jana Zatléřpálková, Gabriela Zezulová;



### **Economy and administration, members of staff, public relations, foreign cooperation, education**

#### **Economy and administration**

In the association economic service we had to make some changes necessary for standardization of nongovernmental organization economic mechanisms. In the second quarter of 2001 we made a contract with a new accountant. An internal audit and transmission of bookkeeping and all the economy from the year 2000 and the first half of 2001 came about. Economic data are checked continuously. The executive director presents data to the accountant. The Prague Administration of Social Security did not find any failings during its control of the years 2000 and 2001. The executive director and the accountant cooperate on the association administration. They respect the standard mechanisms as the accountancy law, contracts with providers of financial grants and further internal rules of the organization.

#### **The statutory meeting and The Administration Board**

The association statutory meeting took place in January 2001. The Administration Board held four meetings in that year. Key topics of these meetings concerned with defining of the particular programmes and their working teams, moving of the association, leasehold, a contract with the Fokus Praha, questions of budget and finances, further development of the association, conceptions of the particular programmes, the association presentation activities and election of The Expert Board of the association. The date of election of The Administration Board members in 2002 was suggested. In 2001 6 new workers and colleagues were interested in membership in The Administration Board. The Check Commission worked in this composition: Cyril Zákora, Klára Perglerová, Pavla Dolanská.

#### **Members of staff**

As it has already been said, the particular programmes have their own separated working teams and also many external collaborators and professionals cooperate with the association on the operations and supervision.

#### **The Primary Prevention Centre**

Mgr. Vendula Vinklerová, Mgr. Pavlína Odvárková, Cyril Zákora, the basic team of the programme that coordinates and organizes the long-term primary prevention of drug abuse programme at 51 primary schools. This team provides administrative and expert service for the primary prevention lecturers. The lecturers work as external collaborators. In this time 63 lecturers work for The Primary Prevention Centre. Supervision: Václava Masáková, Mgr. Milan Černý

#### **The Counselling Centre for Youth and Families**

Mgr. Barbora Trapková, Petr Flaks, Mgr. Ondřej Počarovský, Mgr. Klára Perglerová, Mgr. Pavla Dolanská, the basic team and its external collaborators provide ambulant counselling service for clients, families, parents etc. Supervision: PhDr. Hana Vyhnálková



## **ANNUAL REPORT 2001**

### **The Community Activities Centre**

Mgr. Jana Barvíková, the worker who participated in the opening of The Community Activities Centre project. We want to take on two new part-time workers in March 2002.

### **Supervision**

Supervision of the working teams of all the three programmes: PhDr. Hana Vyhňálková  
Supervision of the programmes and methodical managing: PaedDr. Michael Chytrý

### **Economic service and administration of the association**

Blanka Vanclová /till 31<sup>st</sup> May 2001/, Milena Petrtýlová, Ondřej Počarovský

### **Public Relations**

The presentation of the Prev-Centrum activities, projects and provided services is divided into a few levels and forms. Head workers present the particular programmes in correspondence with instructions of The Administration Board and the chairman of the association.

Concerning The Counselling Centre for Youth and Families the presentation means especially distribution of informative leaflets focused on provision of the counselling services by this programme. The leaflets are distributed to governmental and nongovernmental organizations of the psychosocial net, to institutions of the state and local administration.

The Primary Prevention Centre distributes the leaflets directly to children and students during the primary prevention programmes and also to the primary prevention coordinators, school pedagogical consultants and schoolmasters.

The Community Activities Centre publishes and distributes its leaflets to care institutions, free-time programmes and other partners of ours working in the Prague 6 area.

Contact leaflets include prospect of the services provided by the particular programmes and contacts.

Attendance of our workers at many expert seminars, their representation in expert commissions, sections and societies are another forms of the presentation of our association. The reports – annual, terminal etc., available on our web pages and in printed form, are also a component of the public relations activities. In the year 2001 we were also successful in presenting our association in media in Czech Television programmes for children and youth “Letadlo” and “Pomáhejme si”. We inform the Prague 6 local newspaper “Šestka” about our activities regularly. The Community Activities Centre informs the ČTK (The Czech Press Office) about its specific actions.

### **Foreign Cooperation**

The Prev-Centrum cooperates with colleagues from Denmark who visited our workplace. In November 2001 two of our workers passed a weeklong attachment to Copenhagen where they had a possibility to meet a system of prevention and treatment in conditions of the European Union. They visited also the Copenhagen Police headquarters and they could see their activity in the area of prevention and repression.

In the framework of the Phare “Drug Policy Twinning Project”, which our association participates in, a primary prevention expert from Belgium visited us. Mr Peer van der Kreeft was acquainted with our programmes; he himself took part in a primary prevention lesson at a primary school.

## **Education**

### **• Cooperation with schools**

The association services include educational programmes and activities for pedagogues from all the primary and secondary schools that are involved in the long-term primary prevention programme. In the year 2001 in cooperation with The Prague 6 Ward Office and its project “Zdravá Šestka” (Healthy Prague 6) we started a new educational course for school primary prevention coordinators.

This course contains 80 lessons /theory, experience activities/ and it is finishing in a half of the year 2002. Then it is going to continue as supervision seminars and consulting hours for the school coordinators. The course is accredited by the Czech Ministry for Youth and Education.

Another educational programme is a training seminary for pedagogues with no experience in the primary prevention and the drug abuse treatment. This seminary was opened in the year 2001 and includes 38 lessons spread into four days.

Working meetings of the school coordinators in the Prev-Centrum take place regularly in connection with The Primary Prevention Centre activities and the long-term primary prevention programmes at primary schools. The coordinators from Prague 6 meet four times a year, the coordinators from Prague 7 and 2 meet twice a year. Topics of these meetings concern with cooperation and communication of the primary prevention lectors with a school and its coordinator, solution of different problems, reflection of cooperation etc.

One-off educational seminars focused on danger of rise and development of addiction, basic information about drug problems etc. take place at primary and secondary schools continuously. Pedagogues can consult eventual danger situations at their schools directly with the association workers in The Counselling Centre.

### **• Education of expert public**

Some of the association workers worked as expert lectors in an interdisciplinary course “Drug Abuse” in IPVZ. These lectors lectured topics and created workshops focused on specific primary prevention of drug abuse, prevention in a community and prompt intervention.

### **• Education of the primary prevention lectors**

In 2001 we opened another training seminary for a new group of the primary prevention lectors. Such a seminary includes 100 lessons of theory and experience activities. 22 students of universities and colleges passed this seminary. Their educational process does not finish with this course, it continues as expert seminars focused on such topics as bullying, maltreatment and abuse of children, drug problems etc. Supervision of the lectors’ work with children takes place regularly.

### **• Education of the association workers**

Education of the association workers is one of the important factors for quality development of the provided services. The management and The Administration Board have to support further education of their workers. In 2001 four workers passed a workshop “Sculpting of family systems” according to Virginia Satir, two workers participate in a self-experience psychotherapeutic training SUR, four workers are participants of a yearlong



## **ANNUAL REPORT 2001**

course of nonverbal techniques and another four are attending a yearlong course of crisis intervention. One of our workers participates in training in family therapy.

Attendance at seminars of The Prague Psychotherapeutic Faculty and other theoretical seminars as “Island of a family” is also a component of our workers’ education. They create their individual educational plans and consult them with their head-workers. Every worker also has to create a timetable of his/her attachments to institutions of the psychosocial net. Except the regular external supervision the working teams have also regular internal supervision. Working weekends concerning teamwork, conception activities, reflection of the provided services etc. can also be included into the educational system.



### The Primary Prevention Centre

The Primary Prevention Centre is one of the three Prev-Centrum programmes. It provides a complex programme of the primary prevention of drug abuse.

#### Description of the programme

The primary prevention programme is built on a system of activities that complete each other. It is focused especially on long-term and interactive work with children. Educational activities for the primary prevention lecturers, educational courses for pedagogues and seminars on drug abuse problems for parents are the second part of the programme.

#### Targets of the programme

The main target of the primary prevention of drug abuse programme is support of a healthy lifestyle, support of children's and youth's personal development and integration of the programme into a real life. We work in cooperation with pedagogues and parents.

#### Target population

Pupils from 6<sup>th</sup> to 9<sup>th</sup> classes of primary schools, secondary schools students, pedagogues, parents and expert public are the basic target groups.

#### Description of the programme activities

- **The long-term primary prevention programme for primary schools pupils**

The programme of the primary prevention of drug abuse and other psychopathological phenomena started in 1995 and respects the basic rules of efficient primary prevention as:

**Long-term** – a pair of lecturers is working with one group of children for 4 years, from their 6<sup>th</sup> to 9<sup>th</sup> class.

**Comprehensiveness** – the programme concerns not only with the problems of drug abuse and social-pathological phenomena, but also with communicative skills development, strengthening of self-confidence, health, a lifestyle and possibilities of efficient solutions of problems.

**Continuity** – particular topics are connected and complete each other

**Work with a small group** – a pair of lecturers works always at most with one class, about 25 children

**Interactivity** – active involvement of the target group is stressed

**Theoretical and practical preparedness of a team** – the primary prevention lessons are managed by educated lecturers who have regular supervisions and educate themselves continuously

- **Educating of the primary prevention lecturers contains** basic course (100 hours), continuous educating, the supervisions (2 hours in a month) and expert seminars.

- **Educating of pedagogues**

The long-term educational course for the school primary prevention coordinators (80 hours), the educational course on the primary prevention for pedagogues from primary and secondary schools (40 hours), one-off educational seminars for pedagogues from primary and secondary schools (90 minutes).



• **Another activities**

Educational programmes for parents, interactive seminars for students of secondary schools, informational service on [www.prevcentrum.cz](http://www.prevcentrum.cz)

**Evolution of the programme**

In 2001 we made important personnel and conception changes:

**A)** Enlargement of The Primary Prevention Centre working team by workers with necessary qualification (academic special pedagogy-psychology). These workers coordinate the primary prevention programme including the continuous educating and informational service for the primary prevention lectors.

**B)** Doubling a number of the primary prevention lessons at schools in Prague 6 (from 6 to 12 lessons for one class in one school year), completion of the educational system of the lectors and development of the educating in the primary prevention area for pedagogues.

The Primary Prevention Centre is a foundation member of the A.N.O. Primary Prevention Section.

**Conclusions and vision of the year 2002**

Corresponding to the moving of the association we have a new possibility to start activities supporting our project “Community Prevention”.

In 2002 we want to focus especially on its development, realization of the research project “Evaluation of the primary prevention community project run in Prague 6”, cooperation in the framework of working groups in the Phare – Drug Policy/Primary Prevention, cooperation in the framework of the A.N.O. Primary Prevention Section (on making up primary prevention minimal standards).

**Evaluation and statistical data**

Stabilization of a number of the schools involved in the long-term primary prevention programme in 2001 allowed us to focus on quality of the educational system for the primary prevention lectors. Development of cooperation with the school primary prevention coordinators emphasising context of the primary prevention programme led to improvement in efficiency of the services provided by The Primary Prevention Centre.

Although a demand for our long-term primary prevention programme is increasing we must refuse further applicants when we want to keep current quality of the services.

**Development of the primary prevention programme from the year 1998 according to statistical data**

Year	Number of schools			Number of classes			Number of lessons			Number of hours		
	Prague	Other	Total	Prague	Other	Total	Prague	Other	Total	Prague	Other	Total
<b>1998</b>	21	1	22	116	9	125	224	18	242	672	54	726
<b>1999</b>	27	8	35	162	28	190	324	56	380	972	168	1140
<b>2000</b>	43	10	53	264	38	302	528	76	604	1584	228	1812
<b>2001</b>	42	9	<b>51</b>	269	38	<b>307</b>	538	76	<b>614</b>	1614	228	<b>1842</b>



## **The Counselling Centre for Youth and Families**

### **Description of the programme**

The Counselling Centre for Youth and Families is an ambulant institution providing counselling services for young experimenters, drug users and their families or close social environment - persons who are endangered by subsequence of drug abuse and who are in a difficult situation. The counselling and therapeutic service is also provided for people with drug experience in the framework of after-care.

### **Targets and principals**

The Counselling Centre for Youth and Families comes out of a bio-psycho-social model of rise and development of drug addiction. In counselling work with clients we emphasize the dynamic, the cognitive behavioural and the system approach. Any client can avail services from our offer in particular extent anonymously. Ambulant services are provided in correspondence with the standards of care provided in ambulant institutions. Our counsellors use all available procedures, methods and techniques that can help the clients. They respect the ethical codex of their profession.

One of the main targets of the institution is to help our clients to get outlook on their situation, to motivate and support them for a change of their lifestyles and to help them to get over their difficult situation.

### **Specific targets**

Specific targets are to cooperate with whole families of the children and youth who experiment or abuse drugs and to provide them family counselling, to motivate the clients to a change that will allow their abstinence, to arrange consequential care, in specific cases also detoxification and after-care, to cooperate with institutions that provide the consequential care, to provide social work and case management, to work with social context of the clients, to work with their family context or all family system, to provide motivational training before treatment and to motivate the clients to a change, to provide crisis intervention in specific cases.

### **Target population**

Especially young people abusing drugs make the target group of The Counselling Centre for Youth and Families. It means a wide range of people who experiment with drugs or people whose drug career is short. The clients come from their own decision or because of their family. Some are recommended by another institutions.

The whole families in which children experiment or abuse drugs or find themselves in other difficult situations make another important target group. Our client is the whole family that wants to look for a way of solution of its situation together with us.



### **Description of the programme activities**

- **Counselling for experimenters and drug users**

This counselling means an individual work with clients (aged more than 15) containing the first contact service and anonymous counselling, social counselling, counselling in long-term contacts, motivational training and relaps prevention.

- **Family counselling**

The inclusion of the whole family system into the problem solution is a very efficient method of work especially when children and youth are the clients. The family counselling allows the family to cooperate on the solution.

- **Counselling for the persons in contact with drug users**

In most of cases this means only one-off and short-term contacts. This form of counselling contains especially supportive and educational elements.

- **The after-care programme**

Services for persons with drug experience include individual, family and group counselling and relaps prevention.

- **Crisis intervention**

We provide this service for persons coming in an acute crisis situation. We also arrange care in crisis centres for these persons in specific cases.

- **Telephone counselling, Web counselling**

We provide basic counselling and informational service concerning the drug problems over the telephone and e-mail.

### **Development of the programme in 2001**

The Counselling Centre for Youth and Families was providing its ambulant service in full extent according to our project for the year 2001. During this year we registered a stable number of contacts and persons (see statistical data)

It can be seen that half of our clients are families and parents that have a child with a drug problem. In cases of youth clients who live with their parents and are on a boundary of addiction it is efficient to work with whole families as clients. Clients that come because of individual counselling are usually on a boundary of experimenting and problem using. A part of our clients asked for individual work on their abstaining and support for it. We could prevent further destabilization or fall in quality of the client's life together by prompt intervention in the framework of his or her family system or an individual approach.

In November 2001 The Counselling Centre for Youth and Families moved into the new premises in Meziškolská Street in Prague 6.

### **Personnel provision of the programme**

A multidisciplinary counselling team of 6 workers (5 full time-time workers and 1 external collaborator) ran The Counselling Centre for Youth and Families.

**Supervision:** PhDr. Hana Vyhnáková supervised work with clients regularly.

**Expert guarantee:** PaedDr. Michal Chytrý guaranteed The Counselling Centre for Youth and Families services.



### **Conclusions and vision of the year 2002**

An important indicator is establishment of the self-reliant counselling centre focused especially on the work with families of drug users or experimenters not only in the net of care for drug addicts but also in context of the psycho-social net.

It can be seen that the services of The Counselling Centre for Youth and Families are easily available for the target group, which had not been covered by the offer of the care system for drug users before. We want to develop this concept further.

Owing to the removal of The Counselling Centre some new possibilities of the institution development appear for the next year. We extend our services in the framework of the after-care. Owing to an increasing number of clients with drug experience we are opening a group programme. We also plan to open another group programme for youth and adolescent clients.

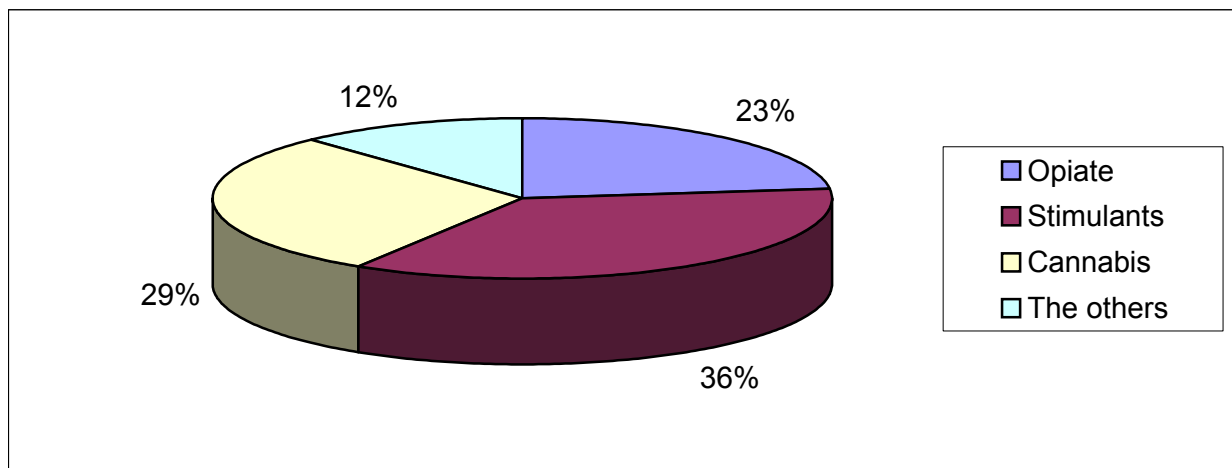
Improvement of quality of our work corresponding to the standards of therapeutic care is also connected with further educating of the working team by supervisions, professional trainings and attachments to Czech or foreign ambulant institutions. Further development of cooperation with institutions of the local and state administration, expert after-care institutions and with the A.N.O. IANP Section is our important priority.

**Statistics of the programme, numbers of clients, types of operations**

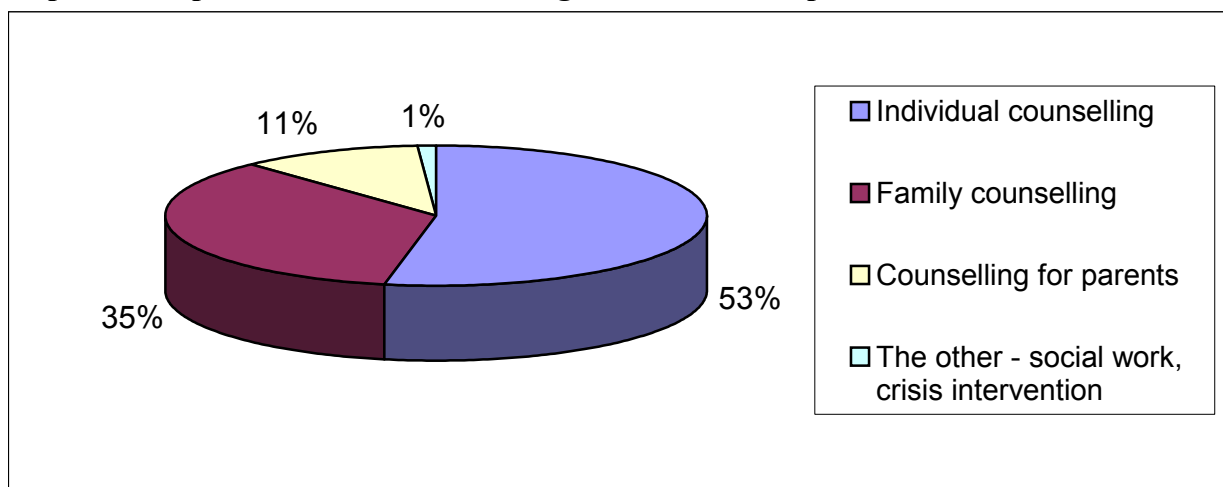
**Table: Number and type of operations in years 1998-2001**

Year	Individual counselling		Family counselling			Counselling for parents		Informational counselling line	Number of new clients
	clients	hours	families	clients	hours	clients	hours	number of phone calls	
1998	-	36	-	-	24	-	-	330	20
1999	-	178	-	-	183	-	63	446	140
2000	64	213	69	209	187	61	80	364	321
2001	47	222	61	179	151	39	47	322	242

**Composition of drug users in 2001 according to a type of abused drug**



**Proportion of provided services according to a number of operations in 2001**



## **The Community Activities Centre**

The Community Activities Centre is a new project of the association focused on support and development of unity of the Prague 6 inhabitants with the surroundings they live, study or work in. The programme comes out of the principals of civic society - to strengthen abilities of community inhabitants, to be responsible not only for oneself, one's destiny and health but also for those who live in the same place and eventually need help.

### **Description of the project**

Owing to the extent of the programmes and big amount of people in contact with the association workers an idea to make up a new project appeared. This project should fill gaps in the current services, present healthy way of living without drugs to wider population and give a possibility for volunteers to involve themselves in public activities.

### **Targets of the project**

One of the project targets is to involve all citizens, it means parents, pedagogues, artists, politics, free time programmes representatives, governmental and nongovernmental organizations, businessmen, professional and not professional public in solution of an implicit problem and to develop active self-realization of potentially exposed youth through the community work.

### **Target group**

The project is intended for: children, youth who find themselves in risky situations but do not use drugs, parents and families of children and youth in risky situations, governmental and nongovernmental organizations representatives (pedagogues, social workers, curators for youth, anti-drug school coordinators, free time programmes representatives), all the other people who are not ignorant about problems of risky way of living and who are active in dealing with this problem.

### **Description of the project activities**

The project activity is focused on creation of specific programmes according to current and long-termed community needs and on support for all the people who want to offer their help to the other Prague 6 inhabitants.

### **Particular activities of the project**

- to map current activities in the locality
- to map needs and demands of the inhabitants
- to create a net and involve all components of the community in it
- to evaluate output of the project
- to make up a strategy of the project realization and seeking for human, material and financial resources
- to create a structure of internet database
- to complete and actualise database of free time activities
- to provide counselling health and social services
- to run a programme centre and programmes supporting a healthy lifestyle



### **Development of the project in 2001**

Mapping and consecutive creation of the net of cooperating institutions were a starting point for the activities of the Centre. The realization team made up a strategy and set basic phases of the project realization based on gained information.

The realization of the project (a preparatory phase) in 2001 included: mapping of social-health services and free time activities, addressing representatives of schools in the locality, addressing representatives of the local administration and institutions that offer free time activities, preparation of the free time activities database available for public, preparation of a conception of The Community Activities Centre, filing of the project for grants procedures in Czech Ministry of Health, Czech Ministry of Work and Social Affairs, Open Society Fund and The Prague 6 Ward Office.

The Community Activities Centre is going to start offering its services in the first quarter of 2002.

### **Personnel Provision**

*The realization team:*

Community worker: the head of the realization team, provides the free time activities, social counselling, an initiator of the multidisciplinary team and a member of the realization team.

Social worker: provides social counselling and information service, mapping, work with clients, a member of the realization team.

Volunteers: members of the realization team.

Supervisor: social-community work, external cooperation.

Community representatives: people interested in the issue, external cooperation, members of the multidisciplinary team.

### **Priorities of the project for 2002**

Mapping of needs and demands of the local inhabitants, creation of conditions for activity of individuals and groups, systematic actualisation of contact database, looking for another partners of the project, further work on creation of the net of cooperating institutions, web pages including also database of free time activities in Prague 6, opening of a social counselling room (case management), running of the counselling phone line and web counselling, cooperation with representatives of governmental and nongovernmental subjects in the framework of the multidisciplinary team, group programmes supporting a healthy lifestyle, help with realization of ideas of individuals and groups, organization of concrete one-off actions, club actions, educational programmes for public.

### **Sponsors, donors and people supporting the Prev-Centrum association**



## ANNUAL REPORT 2001

In conclusion, we would like to thank all the people who supported our work in the year 2001.

**We thank the governmental donors and the local contributors for their financial support:**

The Interministerial Anti-Drug Commission  
Czech Ministry of Youth and Education  
Czech Ministry of Health  
The Municipality of Prague  
The Prague 6 Ward Office  
The Prague 2 Ward Office  
The Prague 1 Ward Office  
The Prague 7 Ward Office  
The NROS foundation

**We thank the donors for the provided facilities:**

MAFRA, DELL, Café Kaštan

**For cooperation we thank:**

Nongovernmental organizations: Fokus Praha - the director Pavel Novák, Ing. Jindra Karlíková, Sananim, A.N.O. - the director Sylva Kolářová, the association Cesta, The After-Care Centre - Evžen Klouček

The other organizations: Pedago - psychological counselling bureaus of Prague 2 and 6, Triangl - PaedDr. Michael Chytrý, The Youth Centre Klíčov, M.O.S.T. department

The local administration institutions: The Municipality of Prague, The Prague 2,6 and 7 Ward Offices

Cooperating experts and colleagues: PhDr. Hana Vyhnálková, PaedDr. Michael Chytrý, PhDr. Václava Masáková, MUDr. Pavel Bém, MUDr. Jakub Minařík, Mgr. Pavla Dolanská, PhDr. Martin Hajný, Mgr. Milan Černý, Mgr. Nina Janyšková, Petr Vojna, Jiří Minarčík, DiS. Hana Šatalová, Mgr. Michal Miovský,

Cooperating individuals: MgA. Barbora Rossi

Firms and organizations: SNEO - estate administration Prague 6, Freeself - Jan Vacek, BOMART - Ing. Bořek Votava, RAFO

It is always very difficult not to forget anybody from our colleagues and cooperating organizations so we would like to thank also those we have unfortunately forgotten.



## ANNUAL REPORT 2001

### Financial Report - Budget 2001

#### Income

The Municipality of Prague	562 000,-
Czech Ministry of Health	90 000,-
The Interministerial Anti-Drug Commission	590 000,-
The Interministerial Anti-Drug Commission	500 000,-
The Interministerial Anti-Drug Commission	100 000,-
The Interministerial Anti-Drug Commission	196 000,-
Czech Ministry of Education	400 000,-
Czech Ministry of Education	120 000,-
The Prague 2 Ward Office	250 000,-
The Prague 6 Ward Office	440 700,-
The Prague 7 Ward Office	37 000,-
The Prague 1 Ward Office	30 000,-
NROS	70 000,-
Own resources	151 000,-

<b>Total income</b>	<b>3 581 700,-</b>
<b>Total expenses</b>	<b>3 550 800,-</b>
<b>Balance</b>	<b>30 900,-</b>

#### Summary

Total income	3 581 700,-
Investment	0,-
Wages and other payment	1 342 000,-
Other personnel expenses	376 300,-
Overhead expenses	1 832 500,-
Total expenses	3 550 800,-
Balance	30 900,-

#### Structure of the association Prev-Centrum:

The Administration Board:

Petr Flaks, Mgr. Barbora Trapková, Mgr. Ondřej Počarovský, Mgr. Klára Perglerová, Cyril Zákora

The Check Commission:

Mgr. Pavlína Odvárková, Mgr. Vendula Vinklerová, Mgr. Pavla Dolanská

The Expert Board:

PhDr. Dana Dobiášová, PaedDr. Michael Chytrý, PhDr. Martin Hajný

The Executive Director:

Mgr. Ondřej Počarovský



## ANNUAL REPORT 2001

### Contact information

#### **Občanské sdružení Prev-Centrum**

**Address:** Meziškolská 1120/2, 169 00 Prague 6

**Phone number:** 02/333 55 459, 333 56 313

**Fax:** 02/333 55 459

**e-mail:** [office@prevcentrum.cz](mailto:office@prevcentrum.cz)

[www.prevcentrum.cz](http://www.prevcentrum.cz)

**The Statutory Representative:** Petr Flaks, the chairman of The Administration Board

**Statute registration:** II/S-OVS/1-34010/97-R

**Identification number:** 67364012

**Bank connection:** CSOB Olšanská 4, Prague 3

**Account number:** 127202283/0300

#### **Centrum primární prevence (The Primary Prevention Centre)**

Meziškolská 1120/2

169 00 Prague 6

Tel/fax: 02/333 55 459

GSM: 0776/619 505

e-mail: [cpp@prevcentrum.cz](mailto:cpp@prevcentrum.cz)

#### **Centrum poradenství pro mládež a rodiny (The Counselling Centre for Youth and Families)**

Meziškolská 1120/2

169 00 Prague 6

Tel/fax: 02/333 55 459

e-mail: [poradna@prevcentrum.cz](mailto:poradna@prevcentrum.cz)

#### **Centrum komunitních aktivit (The Community Activities Centre)**

**Meziškolská 1120/2**

169 00 Prague 6

Tel/fax: 02/333 55 459

e-mail: [cka@kmen.info](mailto:cka@kmen.info)

[www.kmen.info](http://www.kmen.info)