

# Annual report 2002

## Prev-Centrum, a civic association

### Administration Board

Mgr. Petr Flaks, Mgr. Barbora Trapková, Mgr. Ondřej Počarovský, Mgr. Klára Perglerová, Cyril Zákora

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### Executive Director

Mgr. Ondřej Počarovský

### Control Commission

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### Board of Experts

PhDr. Dana Dobiášová, PaeDr. Michael Chytrý, PhDr. Martin Hajný

Dear readers,

You are reading the annual report of the civic association Prev-Centrum. We would like to offer you insight into the last year 2002 through our working activities.

The Prev-Centrum is a civic association dealing with prevention and counselling for children, youth and families in the area of drug addiction and other social-pathological phenomena.

The main target of the civic association is to be ensuring and developing a functional system of provided services focused on prevention in community. The system is based on three pillars or better on three self-existent programmes carried out by the Prev-Centrum. The programmes create an integral framework of the prevention in community.

Non-specific prevention and community work are realized by the Community Activities Centre workers. Specific primary prevention of drug addiction and other social-pathological phenomena is carried out at primary schools (not only in Prague 6). The Primary Prevention Centre workers and lecturers pursue long-term programmes focused on this type of prevention there. Counselling ambulant services are offered in the Counselling Centre for Youth and Families.

We see the sense of the system of services provided by the particular programmes in orientation to the target group of children, youth, families, pedagogues and professional and non-professional public.

Petr Flaks, chairman of the Administration Board

## **History of the association**

The civic association Prev-Centrum arose in 1997 and one of its first targets was implementation of a long-term specific primary prevention programme of drug addiction and other social-pathological phenomena at primary schools. By the end of 1997 we cooperated with 18 schools particularly from Prague 2 within the framework of this programme.

In 1999 the association started to provide also an ambulant counselling service to accommodate a demand of the public and schools and in sequence of the primary prevention programmes.

During the year 2000 interest of schools in the long-term primary prevention programmes and also in information and counselling services was increasing. That is why it was necessary to divide the programmes and the services into two self-existent centres, the Primary Prevention Centre and the Counselling Centre for Youth and Families.

In 2000 the Prev-Centrum in cooperation with Fokus Praha worked out a project of a community centre Břevnov. The project succeeded in a selection procedure of the Prague 6 Ward Office and gained a building in Meziškolská street for rent. The Prev-Centrum opened officially its activities at the new address on 13 December 2001.

## **Aims of the association in 2002**

- to develop operational and working teams with clear concentration on primary prevention /*Primary Prevention Centre*/, secondary prevention /*Counselling Centre for Youth and Families*/ and community work /*Community Activities Centre*/
- to keep running of the specific primary prevention programmes of the Prev-Centrum in Prague 2 and other Prague wards (Prague 6, 7)
- to keep the existing offer of services and to focus more on a community level in a concrete form
- to realize periodical educational seminars for professional public - the Open inter-branch seminar
- within the framework of the Primary Prevention Centre and the Counselling Centre for Youth and Families programmes to cooperate with the Association of non-governmental organizations and its sections
- to start realization of the research project "Evaluation of the primary prevention community programme of the Prev-Centrum association in the territory of Prague 6".

## **Aims of the association for the year 2003**

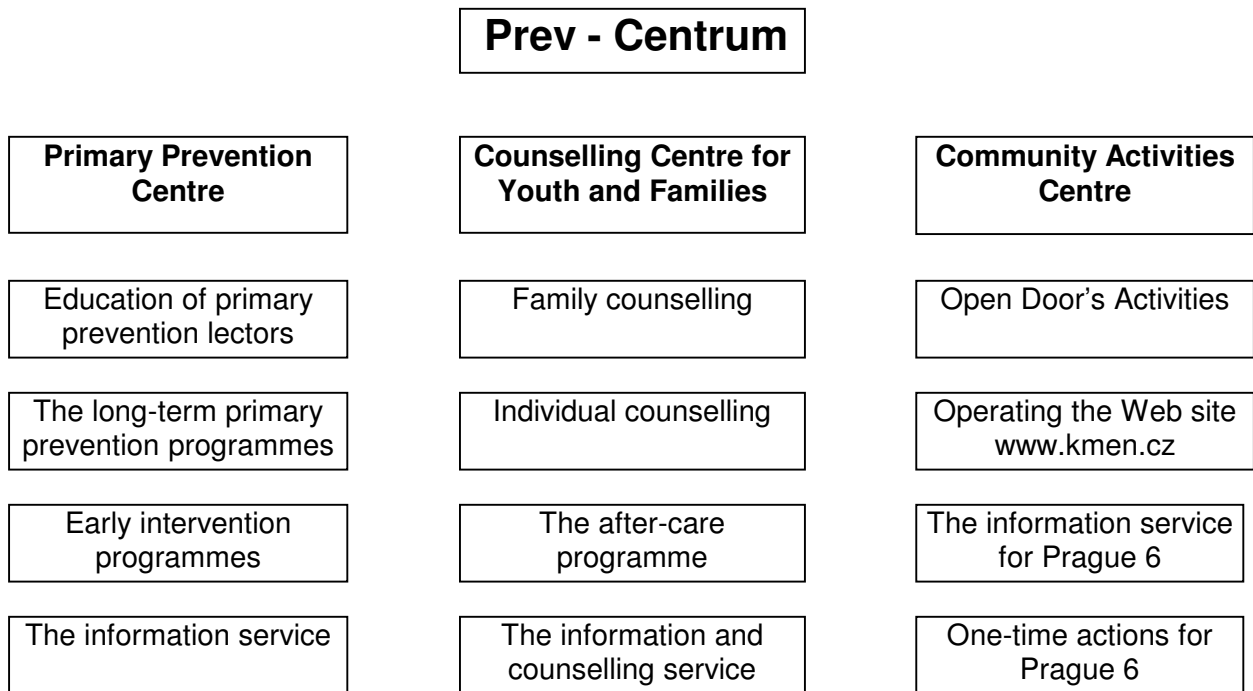
- to develop and professionalize three basic programmes of the Prev-Centrum association, it means the Primary Prevention Centre, the Counselling Centre for Youth and Families and the Community Activities Centre
- to revise an operational manual of the Primary Prevention Centre
- to revise an operational manual of the Counselling Centre for Youth and Families
- to develop cooperation with organizations and institutions in Prague 6 with an emphasis on community
- to ensure operation and development of the Community Activities Centre Web site [www.kmen.info](http://www.kmen.info)
- to organize educational seminars for professional and non-professional public, see the Open inter-branch seminar
- within the framework of the Primary Prevention Centre to organize a club for children 10 - 15 years old with a difficult position in their class
- within the framework of the Community Activities Centre services to continue in realization of open door's activities for youth
- to provide services for schools in the area of work with problematic classes in context of social-pathological phenomena

- to finish the first phase of the research "Evaluation of the primary prevention community programme of the Prev-Centrum association in the territory of Prague 6"

### **The present**

The civic association Prev-Centrum provides services in the area of specific primary prevention of drug addiction and social-pathological phenomena, ambulant counselling services in the area of addictive substances abuse and services connected with prevention in community and community work. Particular programmes of the association are currently ensured by 10 workers and 78 external collaborators who cooperate especially on the primary prevention programmes, supervisions etc.

### **System of services provided by the civic association Prev-Centrum**



## **Cooperation with a governmental and a non-governmental sector**

The Prev-Centrum cooperates with:

- drug-control coordinators and school prevention methodists in the localities where our primary prevention programmes are carried out,
- the Council for Coordination of Drug-Control Policy of the Czech Republic,
- the Association of non-governmental organizations that concerns with prevention and treatment of drug addiction,
- the project of Prague 6 Ward Office "Zdravá Šestka" ("Healthy Six"),
- other providers of different services.

## **Membership in organizations**

Prev-Centrum is a member of the A.N.O. (Association of non-governmental organizations). The Primary Prevention Centre is a founder member of the Primary Prevention Section of the A.N.O.. Particular members of the association are members of other professional societies /Society for addictive diseases Czech Medical Society of J. E. Purkyně, Harm Reduction Section A.N.O., SOFT (Society of Family therapy)/.

## **People who helped to provide our services in 2002**

Barvíková Jana, Burák Pavel, Černý Milan, Dolanská Pavla, Elis Petr, Flaks Petr, Fuksová Magdalena, Gilanyi Lukáš, Hanzlíková Martina, Hartmann Ivan, Himmelsbergerová Olga, Chytrý Michal, Lukáš Jan, Myšková Lucie, Odvárková Pavlína, Pavlátová Iveta, Perglerová Klára, Petrtýlová Milena, Píchová Gabriela, Počarovský Ondřej, Rozehnal Vít, Solařová Hana, Trapková Barbora, Vinklerová Vendula, Vyhnálková Hana, Zákora Cyril;

## **Lecturers ensuring the primary prevention programmes**

Altmannová Petra, Bárta Tomáš, Bártová Ivana, Blažková Lucie, Borovská Ludmila, Davidová Jana, Dohnalová Jana, Formánková Eva, Fránková Petra, Hejčmanová Eva, Hladká Ivana, Hrdlička Václav, Hrudková Blanka, Chládková Lucie, Jirková Lucie, Karlová Drahomíra, Klajn Martin, Klimtová Alena, Klykorková Marcela, Kolumpeková Kateřina, Koryntová Gabriela, Kotěšovská Lenka, Králová Monika, Krůtová Kateřina, Landová Natálie, Laštovková Drahuše, Lein David, Majerová Gabriela, Malíková Michaela, Málková Gabriela, Martanová Veronika, Matoušková Irena, Miláčková Markéta, Navrátil Adam, Nemeškalová Adéla, Němcová Martina, Nováková Soňa, Pletichová Blanka, Prokopová Lucie, Průcha Lukáš, Riglová Hana, Samcová Eva, Skalická Věra, Sládečková Renata, Sládková Kateřina, Sobotková Petra, Sotáková Hana, Soukupová Marcela, Stará Zdena, Strolená Lucie, Sušická Lucie, Šebková Kateřina, Šolcová Lucie, Švecová Lenka, Toncarová Kristina, Učíková Milena, Urbanová Zuzana, Váchová Ilona, Vejlupková Olga, Viktorová Klára, Vičková Helena, Vyskočilová Olga, Zatřepálková Jana, Zezulová Gabriela, Zoulková Luisa;

## **Foreign cooperation**

The Prev-Centrum tied cooperation with the Council for Cooperation of Drug-Control Policy of the Czech Republic within the framework of the Phare project "Drug Policy Twinning Project" Component 3 and Component 1. Association workers participated in working groups in the area of primary prevention and problems of the first request for treatment. One worker of the association travelled for a study visit to the Institute for prevention of addiction in Vienna within the framework of the primary prevention working group. The working team of The Community Activities Centre took part in an international conference IFS Biannual Membership Seminar „The multi-purpose model in an area of cross-sector partnership“ in Edinburgh. The conference was organized by the International Federation of Settlements and Neighbourhood Centres, an association of national, regional and local organizations focused on strengthening of communities in local societies.

## **Education**

### *Education of pedagogues*

Education programmes and activities for pedagogues from all the primary and secondary schools involved in the long-term primary prevention programme make up one part of the association services. In cooperation with the Prague 6 Ward Office and the project "Healthy Six" we completed a long-term course of drug addiction primary prevention for school prevention methodists in 2002.

### *Education of professionals*

The Prev-Centrum regularly organizes seminars for professionals in the form of the open inter-branch seminars focused on problems of drug addiction prevention and treatment, prevention in community, community work, counselling and psychotherapy. The Counselling Centre for Youth and Families workers initiated continuation of seminars "About family therapy" (O.R.T.) in cooperation with other professional institutions that work with families and family members of their clients. The O.R.T. seminars continued in the form of Balint groups and casuistic seminars. On 12 December the Prev-Centrum held a "Day of Prevention in Community" which especially concentrated on a professional discussion focused on provision of complex services of drug addiction and social-pathological phenomena primary and secondary prevention emphasizing community approach.

### *Education of primary prevention lecturers*

In the year 2002 we realized another training (120 hours) for a new group of primary prevention lecturers. 16 students of humanities at different universities.

## Primary Prevention Centre

The Primary Prevention Centre is one of the three programmes of the association Prev-Centrum. It provides a complex programme of drug addiction and social-pathological phenomena primary prevention.

**Personal insurance:** Mgr. Vendula Vinklerová, Mgr. Pavlína Odvárková and Cyril Zákora make up a basic team that coordinates and organizes the long-term drug addiction primary prevention at 50 primary schools. They ensure all administrative and professional service for the primary prevention lecturers operating at primary schools within the framework of the primary prevention programmes. The workers ensure also an early intervention service which means work with problematic classes, consulting hours for pedagogues, parents and children, a club for children with a difficult position in their class. The primary prevention lecturers work for the association as external co-operators, currently 65 persons are cooperating with the Primary Prevention Centre.

Supervision of the work of the primary prevention lecturers: Mgr. Milan Černý

Supervision of the work with problematic classes: Mgr. Milan Černý

Supervision of the club: PaedDr. Michael Chytrý

## Outlet of the programme

It can be seen more and more clearly that a primary prevention programme is efficient when it follows fundamental criteria of the primary prevention. According to these criteria the programme should be structured, long-term, continual and it should include interactive work in small groups. An operational team should be well prepared theoretically and practically. Good communication skills, help with formation of attitudes and strengthening of psychological resistance of children and youth are also very important.

## Principles of the programme work

- work with children in small groups
- long-term work with children from 6 to 9 class
- getting in contact and gaining confidence among children and lecturers during all the programme (one pair of lecturers work with one group of children from their 6 to 9 class)
- programmes with a group of children are carried out by trained and regularly supervised lecturers
- emphasis on the context of primary prevention - work with children, pedagogues and parents
- a possibility of a subsequent contact in The Counselling Centre for Youth and Families

## Aims of the programme

- to decrease social-pathological phenomena by healthy lifestyle education, giving information, strengthening personal responsibility for quality of one's life, supporting self-confidence and offering positive examples and alternatives
- to provide the long-term interactive programmes of drug addiction primary prevention at primary and secondary schools
- to support involvement of pedagogues and parents in social-pathological phenomena prevention
- to offer active spending of free time for children in the club
- to help to up rate relationships and social climate among pupils in their class if they are not good

## The target group

The primary prevention programme is focused on these groups:

- children at primary schools (6-9 class)
- students at secondary schools

- pedagogues from primary and secondary schools
- school primary prevention methodists
- parents
- social workers
- paediatrists
- drug-control coordinators

### **Particular activities of the programme**

#### *Training for the primary prevention lectors*

An educational course for students of the first and second forms of humanities at universities and colleges that contains an intensive weekly training, three week-end seminars, regular supervision meeting (once a month) and further lectures and seminars

#### *The long-term drug addiction primary prevention programme*

A programme of drug addiction and social-pathological phenomena primary prevention focused on affecting of children's attitudes and behaviour. The programme does not concentrate only on drug problems but also on development of communicative skills, ability of autonomous decision making, strengthening of self-confidence, dealing with problems etc. Topics of particular lessons are adjusted not only to the children's age but also to a situation in the class.

#### *Consultations for children, parents and pedagogues*

From the beginning of the school year 2002/2003 the Prev-Centrum also offers a possibility of professional consultations provided by the Primary Prevention Centre workers at schools involved in the long-term primary prevention programme. This service is created especially for children with behavioural problems or a problematic position in their class and offers individual consultations for children, parents and pedagogues.

#### *The club for children 10-15 years old*

A club for children from 10 to 15 years old with behavioural problems or a problematic position in their class that offers active spending of free time focused on development of communicative skills, strengthening of self-confidence, development of empathy, ability to resist influence of risky peers and to cooperate.

#### *Work with a problematic class*

Interactive programmes focused on improving of relationships in a class, deepening of cooperation among pupils, development of communication skills in the framework of a collective, active taking part in dealing with a problem in a class. Work with a class as a part of a school institution system and cooperation with pedagogues are emphasized.

### **Other activities**

- Educational seminars for parents and pedagogues
- Educational seminars for professional and non-professional public
- Editing of informative and contact materials
- Operation of the Web site [www.prevcentrum.cz](http://www.prevcentrum.cz)

### **The investigative project of evaluation of the primary prevention community programme in Prague 6**

An investigative project is going to be realized during five years (from 2002 to 2007) parallel to the long-term primary prevention programme of the Prev-Centrum at primary schools in Prague 6. The aim of the project is to evaluate quality and efficiency of the primary prevention community project in Prague 6 and its impact on other inhabitants of the community, especially parents and pedagogues of pupils. The investigative project is realized by the Prev-Centrum in cooperation with the Czech Academy of Science within the

framework of the investigative intention "Psychology of health" and the Embassy of the Kingdom of the Netherlands within the framework of the programme MATRA/KAP.

### **Development of the programme in 2002**

In the year 2002 relevant personal and conceptual changes were executed in the primary prevention programme. We broadened the Primary Prevention Centre basic team. The Primary Prevention Centre is a founder member of the A.N.O. Primary Prevention Section.

### **Priorities of the programme for 2003**

In 2003 we would like to focus especially on:

- further development of the Primary Prevention Centre programme with emphasis on strengthening of system involvement in services "prevention in community" in Prague 6 and Prague 2,
- implementation of the investigative project "Evaluation of the primary prevention community programme in Prague 6",
- cooperation with the National Monitoring Centre for Drugs and Drug Addiction within the framework of a working group "Evaluation and quality of services in drug addiction prevention, treatment and re-socialization programmes",
- cooperation within the framework of the A.N.O. Primary Prevention Section especially in further elaboration of primary prevention minimal standards.

## Development of the primary prevention programme in statistics

### The long-term drug addiction primary prevention at secondary schools in 2002

In the table you can see a number of children involved in the long-term primary prevention programme in 2002 in particular localities.

	Prague 2	Prague 6	Prague 7	Other Prague schools	Schools out of Prague	Total
6. classes	19	37	10	3	6	75
7. classes	23	29	12	12	5	81
8. classes	21	31	7	14	13	86
9. classes	18	31	4	10	10	73
number of schools	14	15	7	7	7	50
number of blocks of lessons	155	274	53	61	51	594
The total number of classes	81	128	33	39	34	315
The total number of children	2025	3200	825	975	850	7875

### The interactive seminars for secondary schools students in 2002

In the table you can see a number of the interactive seminars realized in 2002.

Number of schools	Number of classes	Number of the interactive seminars	Number of hours	Number of students
12	51	60	120	1275

### The seminars for pedagogues and parents

Activity	Number of schools	Number of people
Pedagogical council	4	100 pedagogues
Meeting of parents	10	1350 parents
<b>Total</b>	<b>14</b>	<b>1450</b>

### Development of the programme since 1998

Year	Number of schools	Number of classes	Number of blocks of lessons	Number of hours	Number of children
1998	22	125	242	726	3125
1999	35	190	380	1140	4750
2000	53	302	604	1812	7550
2001	51	307	614	1842	7675
2002	50	315	594	1782	7875

## **Counselling Centre for Youth and Families**

An ambulant centre providing counselling services for experimenters, drug users, persons with drug experience, their families and close social surroundings, it means for everybody who is endangered by non-alcohol drug use and finds himself or herself in a difficult situation.

### **Personal insurance**

A basic team ensuring ambulant services: Mgr. Pavla Dolanská, Mgr. Petr Flaks, Mgr. Klára Perglerová /on maternity leave/, Gabriela Píchová, Mgr. Ondřej Počarovský, Mgr. Barbora Trapková,

Supervision of work with families: PhDr. Hana Vyhnálková,  
Supervision of individual counselling: MUDr. Richard Zajíc,  
Professional guarantee: PaedDr. Michael Chytrý.

### **Outlet of the programme**

The Counselling Centre for Youth and Families is based on a bio-psycho-social model of inception and development of addiction, dynamic, cognitive-behavioural and system approach, care standards provided in ambulant centres, use of all available approaches, methods and techniques enabling recovery of a client, professional ethical codex.

### **Aims of the programme**

- to cooperate with families of children and youth who experiment or use addictive substances within the framework of work with family systems,
- to work with social surroundings of a client and with all his or her family system,
- to enable a client to orientate himself or herself in his or her own situation and to support him or her socially and emotionally,
- to motivate a client to change his or her risky behaviour and to help him or her with looking for a possibility of dealing with concrete situations,
- to provide a client with support for preservation and development of changes that set in during previous treatment,
- to intermediate consecutive care,
- to cooperate with consecutive care centres,
- to provide social work and case management.

### **The target group**

Young people using addictive substances. This is a wide spectrum of people experimenting with drugs and people with a short-term and a medium-term drug career. Clients with drug experience who absolved ambulant or residential treatment or started to abstain without previous treatment. Families where a child experiments or uses an addictive substance or families that find themselves in another difficult life situation. All family or its part which is willing to look for a way of dealing with the situation together becomes our client.

## **Basic services**

### **Counselling for experimenters and drug users**

Individual work with a client (older than 15) involving services of the first contact, anonymous counselling, social counselling, counselling in long-term contacts, motivational training and relapse prevention.

### **Family counselling**

Work with a family system on dealing with a problem of a child using drugs (older than 11) who is on the boundary of addiction. The work with families is a very efficient method

especially with children and young clients. Counselling work is carried out by two workers - a man and a woman - in entire majority of cases.

### **Counselling for people close to drug users**

This form of counselling especially involves supportive, educative and informative elements. In majority of cases it means one-time or short-term contacts.

### **The after-care programme**

An after-care programme for people with drug experience (drugs ex-users) involves individual, family, group counselling and relapse prevention.

### **Crisis intervention**

Services for people who come in an acute crisis situation. Consecutive care in crisis centres is ensured when necessary.

### **Telephone and Web counselling**

A basic counselling and inform service in the area of drug problems is also provided over the telephone and e-mail.

### **Development of the programme in 2002**

In 2002 we concentrated on development and stabilization of ambulant services for youth and young adult experimenters, drug users, people with drug experience (drug ex-users), for their parents or all families. In statistics we can see that almost half of our clients were families with a child or a youth who was using addictive substances. People who utilized the individual counselling services were problematic users or clients with drug experience who came within the framework of consecutive care. In April 2002 an after-care group was opened to accommodate demand of those clients who could not attend an intensive after-care programme from such reasons as daily study or occupation. During the year 2002 clients who had absolved detoxification within the framework of an ambulant programme in AT office in Prague 6 and clients in care of a probation officer or a youth curator started to utilize the services of the Counselling Centre for Youth and Families. In connection with the change of the seat of the Prev-Centrum we ran an advertising campaign with information about our new address and the Counselling Centre for Youth and Families offer of services in January 2002. Further possibilities in development of our institution, especially in the area of educational activities and programmes for groups, opened with the new room.

### **Priorities of the programme for the year 2003**

- to develop and increase availability of the Counselling Centre for Youth and Families ambulant services,
- to open a new group programme for clients who absolved an ambulant detoxification,
- to organize educational activities for professional public (casuistic seminars, professional week-end seminars etc.),
- to create an efficient system of data collection,
- to develop cooperation with after-care institutions not only in the area of drug addiction but also in wider context of psycho-social network.

## Development of the programme in 2002 in statistics

A number of clients and contacts in 2002

Number of clients - total	<b>221</b>
Number of identified clients	<b>101</b>
- from that/ men	<b>59</b>
- from that/women	<b>42</b>
- from that/ with heroin as the fundamental drug	<b>20</b>
- from that/ with pervitin as the fundamental drug	<b>14</b>
- from that/ with cannabis as the fundamental drug	<b>54</b>
Average age of clients	<b>20 let</b>
Number of non-users (family members, people close to drug users)	<b>120</b>
Number of first contacts	<b>93</b>
The total number of contacts	<b>726</b>

**The contact:** each visit involving interaction between a client and a worker of the programme. (Phone calls are not regarded as the contacts)

### A number and a type of realized services

Service	Number of users of the service	Number of outputs
Individual counselling	33	253,5 hours / 169 consultations
Family counselling	191	274 hours / 163 consultations
The after-care group	7	60 hours / 24 groups
The phone intervention	-	456 interventions
The Web counselling	51	55 interventions

# Community Activities Centre

## Personal insurance:

Hana Solařová - the head of the operational team, ensures free-time activities, social counselling, work with clients of the open door's activities,

Martina Hanzlíková - ensures counselling and informational service, mapping, direct work with the clients of the open door's activities, a member of the operational team,

Volunteers - participate in insurance of one-time activities.

## Description of the programme

The Community Activities Centre is a new programme of the association Prev-Centrum. It focuses on support and development of belonging of Prague 6 inhabitants to the environment they live, study or work in. The programme is based on civic society principles - to strengthen community inhabitants' abilities to be responsible not only for themselves, for their destiny and health, but also for those who they share space with and who need some help.

The Community Activities Centre cooperates with the other Prev-Centrum programmes. Together with the Counselling Centre for Youth and Families and the Primary Prevention Centre it creates an integral framework of specific and non-specific primary prevention and consecutive counselling care. So it provides a complex offer of services within the framework of prevention of use of addictive substances and other social-pathological phenomena for the Prague 6 inhabitants.

## The programme work principles

The non-specific prevention in the community is based on community work principles and involves all activities supporting healthy lifestyle. For example: active spending of free time, community rituals, which mean activities coming out of community inhabitants' needs. The community approach emphasizes active involvement of the inhabitants in a life of the community. Concrete principles of the work are: option, partnership, taking advantage of volunteers, support of self-sufficiency and independency of inhabitants, working plans coming out of interests and needs of users of a service and possibilities of an organization.

## Aims of the programme

The main aim of the programme is to involve citizens - parents, pedagogues, artists, politicians, free-time activities organizers, governmental and non-governmental organizations, entrepreneurs, professional and non-professional public - in dealing with problems and by means of the community work to develop active self-realization of virtually endangered youth.

## Concrete aims

- to provide a possibility for young people from risky surroundings to spend time in a place where they are not endangered by social-pathological phenomena.
- to participate in reduction of social risks, to develop and complete services existing in Prague 6 according to local needs so they will create a complex network of services.
- to improve knowledge ability of the community inhabitants about what is happening in their neighbourhood, to strengthen the feeling of belonging to the community and to strengthen the whole society of Prague 6 altogether.
- to mobilize possibilities and abilities of the inhabitants in the area of responsibility for their destiny and health and ability to take care of their fellow citizens in risky situations.

## **The target group**

The programme has been designed for children and youth who find themselves in risky situations but they do not use drugs, for parents and families of children and youth in risky situations, for governmental and non-governmental organizations representatives (pedagogues, social workers, youth curators, school primary prevention methodists, workers of organizations offering free-time activities, courses and other actions), for all people who are not unconcerned about risky way of living problems and involve themselves in dealing with a problem relating to them.

## **Concrete activities of the programme**

Activity of the programme is focused on creating of specific activities that come out of recent and long-term needs of the local community and on support of those people who want to offer their help to other Prague 6 inhabitants. Further it concentrates on mapping of current activities in the locality, mapping of needs and demands of the local inhabitants, creation of a network that will involve all components of the community, concurrent evaluation of outputs of the programme, designing of an implementation strategy of the project and a concurrent search for human, material and financial resources, creation of the internet database structure, completion and updating of the free-time activities database, counselling services in the social and health care area, running of the open door's activities and programmes supporting healthy lifestyle.

## **Basic services**

### **The open door's activities**

The Community Activities Centre organizes the open door's activities base for youth in risky surroundings. We offer them space where they can participate in free-time activity, meet their peers, find new friends and above all speak about things they cannot or do not want to speak about anywhere else.

### **Web**

A Web site [www.kmen.info](http://www.kmen.info) has been designed for Prague 6 inhabitants. It is not only a place to present our association but especially a place for interactive meeting of the local inhabitants. For children there is the online database of free-time activities offering courses in Prague 6 on the Web.

### **Information service**

The Community Activities Centre provides the information service for better orientation of the inhabitants in activities and services in Prague 6. The inhabitants can come to the Community Activities Centre themselves in consulting hours or they can contact it by telephone or e-mail. Their questions serve also as a source of information about their needs for services so the whole system of services in Prague 6 can be made more efficient.

### **One-time actions**

The Community Activities Centre also organizes one-time actions where young people, families with children and other Prague 6 inhabitants meet together. Programmes of these actions include exhibitions, alternative sports games and creative and other workshops. Visitors of these actions can get information about services and activities in their neighbourhood, they can discuss what they do not like in the environment they live in, what they would like to change and how.

## **Development of the programme in the year 2002**

Mapping and consecutive creation of cooperating institutions was the starting point for the Community Activities Centre activity. On the basis of gained information the operational team designed a strategy and set basic phases of the project implementation. Mapping of social-health care services and an offer of free-time activities, addressing local schools and offices

(especially the Prague 6 Ward office) representatives and institutions offering free-time activities, preparation of the public database of free-time activities, preparation of the Community Activities Centre conception. The Web site [www.kmen.info](http://www.kmen.info) has been running since April 2002, its content has gradually been made up. In May 2002 we started operating of the information service. During the summer we were mapping the services and activities in Prague 6 which also led to better promotion of this service. Utilization of the service is not still very high but the number of contacts is increasing as the promotion of this service is better and the organization is anchored in the community. The open door's activities were opened at the beginning of October 2002 and since then in average 15 young people come to one meeting.

### **One-time actions in the year 2002**

The Spring Gallery 21 March 2002 - Creative workshops and an exhibition of paintings of children involved in the primary prevention programmes (15 visitors)

Days of the Healthy 6

Plný Džbán I. (The Full Jug I.) 3 and 4 May 2002 - a promotion stall at the swimming-pool Džbán to present our activities to the public (about 50 visitors of the stall)

The Open Doors Day 7 May 2002 - Presentation of the whole association (about 60 people)

The Garden Full of Surprises 22 June 2002 - an afternoon for children, youth and families with creative workshops and petanque match (about 60 visitors)

Days of the Healthy 6

Plný Džbán II. (The Full Jug II.) 20 October 2002 - a promotion stall at the swimming-pool Džbán to present the Community Activities Centre activities to the public (about 80 visitors of the stall), creative workshops for children and their parents

The Open Doors Day (within the framework of The Week for Mental Health) 18 September 2002 - presentation of the whole association (about 80 visitors including social work students from the university in Nitra, counsellors and psychologists from Great Britain)

The Day of Prevention in Community 12 December 2002 - panel discussions with these topics: "Prevention in community", "Evaluation and standards of specific primary prevention" and "Work with families in the context of maturing of a child and a family"

### **Priorities of the programme for the year 2002**

- Mapping of needs and demand of the local inhabitants, creating of conditions for activities of individuals and groups.
- Systematically updating of the contact database, looking for further partners of the project.
- Continuance of the creation of the cooperating subjects network with the aim to involve all components of the community.
- Operating the Web site that includes also the free-time activities in Prague 6 database.
- Operating the phone and the Web counselling.
- Cooperation with governmental and non-governmental subjects representatives within the framework of a multi-disciplinary team.
- The group programmes supporting healthy lifestyle, help with implementation of ideas of individuals and groups.
- Organization of concrete one-time actions for the public.
- Operating and development of the open door's activities.

**A table of a number of contacts during mapping and networking in 2002**

Personal visiting	42
Contacts by telephone	71
Contacts by e-mail	120
<b>Total</b>	<b>233</b>

**Statistics of the Information service utilization in 2002**

Personal contacts	77
Contacts by telephone	32
Contacts by e-mail	15
<b>Total</b>	<b>124</b>

**Statistics of the Web site offer and utilization in 2002**

Visitors of the Web site in 2002	1034
Organizations in the free-time activities database	21
Courses in the free-time activities database	224
References to Web sites of organizations in Prague 6	47
Published affaires	67
Published uncommercial advertisements	12

**Statistics of a number of the one-time actions visitors in 2002**

The Spring Gallery	15
Plný Džbán I.	50
The Open Doors Day	60
The Garden Full of Surprises	60
The Open Doors Day during The Week for Mental Health	80
Plný Džbán II.	80
The Day of Prevention in Community	<b>90</b>
<b>Total</b>	<b>435</b>

**Statistics of a number of contacts in the open door's activities from September to December 2002**

Boys	13
Girls	29
<b>The total number of contacts</b>	<b>42</b>
<b>The number of realized meetings</b>	<b>12</b>

## **Sponsors, donors and people supporting activity of the association Prev-Centrum**

In conclusion of the annual report we would like to thank everybody who supported our work in 2002 financially and professionally (supervisions) who provided us with facilities and also all those who just crossed their fingers for us.

We thank governmental grants providers and local contributors for their financial support

Council for Coordination of Drug-Control Policy of the Czech Republic (RV KPP)  
The Government Office of the Czech Republic (RV ČR)  
Czech Ministry of Labour and Social Affairs (MPSV)  
Czech Ministry of Youth and Education (MŠMT)  
The Municipality of Prague (MHMP)  
Czech Ministry of Defence (MO)  
The Prague 6 Ward Office  
The Prague 2 Ward Office  
The Prague 1 Ward Office  
Embassy of the Kingdom of the Netherlands

### **We thank donors for their provision of facilities**

DELL Computer s.r.o., Café Kaštan, MVP agency, Mgr. Jana Solařová , Greep-internet studio s.r.o.

### **For cooperation we thank:**

**Non-governmental non-profit organizations** - the A.N.O. - Association of non-governmental organizations focused on drug addiction prevention and treatment - the executive director Mgr. Sylva Kolářová, CPPT Plzeň, CVČ Bilbo - Milan Baroch, Focus Praha,

**Other organizations** - Pedago-psychological counselling bureau of Prague 6, Triangl - PaedDr. Michael Chytrý, Youth Centre Klíčov - the Trigon department, AT counselling bureau Prague 6 - MUDr. Drahomíra Syrovátková, Cultural Centre Kaštan, Atelier Kaštan, school primary prevention methodists of Prague 6, Workshop Eliáš,

**Institutions of the local administration** - The Municipality of Prague, The Prague 6 Ward Office, The Prague 2 Ward Office,

**Cooperating professionals and colleagues** - PhDr. Hana Vyhnálková, PaedDr. Michael Chytrý, PhDr. Dana Dobiášová, MUDr. Pavel Bém, MUDr. Jakub Minařík, PhDr. Martin Hajný, Mgr. Milan Černý, Mgr. Nina Janyšková, Jiří Minarčík, Hana Šatalová DiS., PhDr. Michal Miovský, PhDr. Miloslav Čedík, PhDr. Zuzana Havrdová, PhDr. Ladislav Csémy, Mgr. Radka Bartošová, MUDr. Richard Zajíc, PhDr. Karel Valášek, Veronika Kopáčková, Mgr. Hana Gajdošíková, Mgr. Olga Himmelsbergerová,

**Cooperating individuals** - MgA. Barbora Rossi, Milena Petrtýlová, Lucie Myšková, Iveta Pavlátová, Marek Vocel, Mgr. V. Skřepský,

**Firms and organizations** - SNEO – estate administration Prague 6, Freeself – Jan Vacek, BOMART s. r.o. – Ing. Bořek Votava, RAFO.

## Financial Report - Budget 2002

### Income /in thousands of CZK/

The Municipality of Prague	800
The Municipality of Prague	300
Council for Coordination of Drug-Control Policy of ČR	737
Czech Ministry of Labour and Social Affairs	373
Czech Ministry of Labour and Social Affairs	91
Council for Coordination of Drug-Control Policy of ČR	746
Czech Ministry of Education, Youth and Sports	292
Czech Ministry of Defence	150
The Prague 2 Ward Office	87
The Prague 6 Ward Office	477
Other resources, donations, own activity	206
MATRA/KAP	188

### Summary of total income and expenses of the Prev-Centrum programmes

Prev-Centrum	Income	Expenses	Economic results
<b>Total</b>	4.520	4.213	92
From that:			
Granted by RV KPP	1.483	1.483	0
Granted by MŠMT	292	292	0
Granted by MPSV	464	464	0
Granted by MO	150	150	90 /refunded*/
Granted by the local administration and non-governmental resources	825	610	188 /remittance of the grant by MATRA/KAP/, 27 /remittance of a part of the grant by The Prague 2 Ward Office/
Granted by MHMP	1.100	1.100	0
Own resources	206	206	92

\*) The project was not implemented, the grant was refunded to the Czech Ministry of Defence.

### Summary of expenses

Prev-Centrum	Expenses
<b>Investment</b>	<b>0</b>
<b>Wages and other payment</b>	<b>1.842</b>
<b>Transfer payment</b>	<b>492</b>
<b>Overhead expenses</b>	<b>1.879</b>
<b>Total expenses</b>	<b>4.213</b>
<b>Balance</b>	<b>92</b>

## Contact information

### Prev-Centrum, the civic association

**Address:** Meziškolská 1120/s, Praha 6, 169 00

**Tel./fax. :** 233 355 459

**e-mail :** [office@prevcentrum.cz](mailto:office@prevcentrum.cz)

[www.prevcentrum.cz](http://www.prevcentrum.cz)

**Statutory representative:** Petr Flaks, chairman of the Administration Board

**Statute registration:** II/S-OVS/1-34010/97-R

**Identification number:** 67364012

**Bank connection:** CSOB Bělohorská 95, Prague 6

**Account number:** 127202283/0300

### Primary Prevention Centre

**Address:** Meziškolská 1120/s, Praha 6, 169 00

**Tel./fax. :** 233 355 459

**GSM :** 776 619 505

**e-mail :** [cpp@prevcentrum.cz](mailto:cpp@prevcentrum.cz)

### Counselling Centre for Youth and Families

**Address:** Meziškolská 1120/s, Praha 6, 169 00

**Tel./fax. :** 233 355 459

**GSM :** 777 161 138

**e-mail :** [poradna@prevcentrum.cz](mailto:poradna@prevcentrum.cz)

### Community Activities Centre

**Address:** Meziškolská 1120/s, Praha 6, 169 00

**Tel./fax. :** 233 355 459

**GSM :** 777 161 133

**e-mail :** [cka@kmen.info](mailto:cka@kmen.info)

[www.kmen.info](http://www.kmen.info)